



# Gluten Friendly Menu

While we offer gluten-free menu options, we are not a gluten-free kitchen. Cross-contamination could occur, and our restaurant is unable to guarantee that any item can be completely free of allergens. Patrons are encouraged, to their own satisfaction, to consider this information in light of their individual requirements and needs.

## Starters

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### Grilled Jalapenos

Hand cut and filled with homemade buffalo cream cheese and topped with crispy bacon \$8

### Fake Tacos

Three *Impossible* beef tacos, topped with sour cream, salsa, shredded cheddar served in corn tortillas \$12

### Buffalo Dip

Tangy cheese dip with diced chicken, topped with bleu cheese, baked to a crisp, and served with celery \$8

## Salads and Soups

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### House Salad

Mixed greens, cucumbers, tomatoes, onions \$7  
Add chicken \$4 • shrimp \$5 • tuna \$6

### Not a Taco Salad

*Impossible* meat, mixed greens, shredded cheddar, tomatoes, cukes, salsa, sour cream, and guacamole \$13

### Caesar Salad

Romaine, creamy Caesar dressing, shredded parmesan cheese \$7  
Add chicken \$4 • shrimp \$5 • tuna \$6

### Buffalo Chicken Salad

Mixed greens, cucumbers, tomatoes, shredded cheddar cheese, and grilled chicken with mild, medium, hot buffalo sauce \$12

### Spring Salad

Grilled chicken on top of mixed greens, diced apple, walnuts, dried cranberries, bleu cheese crumbles. \$12

### Arugula Salad

Grilled chicken, arugula, raspberries, candied walnuts, red onions, goat cheese, lemon vinaigrette \$12

### Side Salad

House or Caesar \$3.50

### Homemade Chili

Cup \$3.50 / Bowl \$6

DRESSINGS: Balsamic Vinaigrette, Bleu Cheese, Honey Mustard, Italian, Thousand Island, Lemon Vinaigrette

## Entrees

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### Shepherd's Pie

Seasoned ground beef and lamb with gravy, peas, carrots, all topped with mashed potatoes \$13

### Pork Platter

Pulled pork, grilled veggies, and coleslaw \$12 (*Try it with a kick!*)

### Santa Fe Haddock

Grilled and blackened haddock topped with corn salsa and served over a bed of grilled vegetables \$15

### Sesame Crusted Tuna

Served over grilled vegetables and drizzled with wasabi dressing \$15

# Handhelds and Burgers

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All handhelds and burgers are served with a side salad.

## Turkey Triple Club

Smoked turkey, crispy applewood bacon, swiss cheese, lettuce, tomato, and an avocado spread on gluten free bread \$14

## Rally Reuben

Corned beef, sauerkraut, swiss cheese, and Thousand Island dressing on gluten free bread \$12

## Pulled Pork Sandwich

Served on gluten free bun \$12 *(Try it with a kick!)*

## Buffalo Chicken Sandwich

Mild, medium, or hot grilled chicken with lettuce and tomato on a gluten free bun \$12

## Classic BLT

On gluten free bread with a guacamole spread \$11

## Turkey Cuban

Turkey, pulled pork, swiss cheese, spicy mustard, and pickles on gluten free bread \$14

## Fresh

Salsa, guacamole, and chipotle mayo \$14

## Bacon Cheeseburger

Bacon, cheddar cheese, lettuce, tomato, red onion, pickles \$13

## The Morning After Burger

Bacon, pepper jack cheese, fried egg, chipotle mayonnaise \$14

## Fire Starter Burger

Bacon, pepper jack cheese, tomato, red onion, jalapenos, chipotle mayo and chipotle BBQ \$14

## Swissroom

Sautéed mushrooms, swiss cheese, lettuce, tomato, pickles, and onion \$14

## Carolina

Chili, coleslaw, tomato, and onion \$16

## Bleu

Bleu cheese crumbles, bacon, rally rub, caramelized onions \$15

# Wings

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Grilled traditional bone-in or boneless chicken wings. Add \$2 for all flats or all drums. Add \$0.35 for extra sauce, dressing or celery/carrots.

**Single Order (8 wings)- \$10 • Double Order (16 wings)- \$19 • Team Order (32 wings)- \$35**

## Sauces:

Hot curry - flavorful and spicy

Buffalo - mild, medium, or hot

Funky - peppery mustard with a mild heat

BBQ - Chipotle or Honey

Garlic Parmesan - creamy and garlicky

Mango Habanero - sweet chili with a hot finish

## Signature Specialty Sauces: *(additional \$2)*

Sweet Caroline - drizzled with hot honey and tossed with Rally Rub

## Rubs

Rally Rub - our spiciest rub

Cajun Rub - mild and salty

Old Bay - unique blend of 18 herbs & spices

Lemon Pepper Rub - citrus and pepper rub